

# BSFT™ Bulletin

Brief Strategic Family Therapy® Institute

*An Evidence-Based Practice*

## In This Issue

Manager of the Year

Reclaiming the Child

Blueprints Conference

## Manager of the Year Recognized



Since the 1970s, community agency Crosswinds Youth Services (Cocoa, FL) has been creating opportunities for young people to succeed. Crosswinds is part of Florida's "Redirection Program," launched in 2004 by its Department of Juvenile Justice to "redirect" troubled youth from residential placements to more effective, family-focused, evidence-based treatment. BSFT™ has been implemented at Crosswinds since November, 2007.

BSFT™-certified On-site Supervisor Stephen "Kris" Denny was awarded Crosswinds' "2009 Manager of the Year" at this nationally recognized agency, located an hour east of Orlando, Florida. All of Kris' therapeutic work is in BSFT™. He was recognized for meeting all his benchmarks, striving to get his BSFT™ team certified, and his top scores in client satisfaction based on end-of-treatment audit. Prior to receiving the Manager's award, Kris was promoted to Program Director from Program Coordinator

Kris credits the University of Miami for making BSFT™ a "real success story" because [MORE](#)

**Take Our Brief Survey!** [Click Here](#)

**Quick Links**

**Dear Adam,**

The BSFT™ model is a cost-effective, evidence-based intervention for troubled adolescents that can reduce treatment costs well below that of traditional services. This issue covers a heartwarming success story, an award-winning community agency manager, our upcoming presentation at the Blueprints Conference and more. Finally, take our brief survey and tell us what you think! - *The BSFT™ Institute*

## Reclaiming the Child, Reconnecting the Family

For months on end, Roberto's bedroom was a place of refuge. In his family's small apartment, his room was where he could watch TV, talk on the phone with his girlfriend, and send text messages without risking an argument with his dad. In this safe haven, father and son would not cross paths.



To make matters worse, the once close relationship with his mother was under strain. She seemed to be always complaining-about his grades, about his staying out too late with the wrong crowd, about his "attitude" that seemed to be abandoning strong Nicaraguan values for Miami laissez faire. At times she wondered if he was involved with drugs.

[MORE](#)

## BSFT Developer to Present at Blueprints Conference

Join BSFT™ Developer José Szapocznik, Ph.D. April 7-9, 2010 in the historic city of San Antonio, Texas for the third annual Blueprints Conference. Dr. Szapocznik, who is also Professor and Chair of University of Miami's Department of Epidemiology and Public Health, will be presenting Thursday morning, April 8, 2010 and hosting the **BSFT™ "Meet the Developer" hospitality suite Wednesday evening, April 7** at the Marriott Rivercenter hotel on the San Antonio River Walk. Blueprints attendees are invited to visit the BSFT™ Suite and exhibit booth, which will be open during the conference. To receive additional event details, please email [BSFT@med.miami.edu](mailto:BSFT@med.miami.edu).



Dr. Szapocznik will present findings from the largest randomized clinical trial of BSFT™ conducted by the National Institute on Drug Abuse (NIDA) Clinical Trials Network (CTN) and implemented at community substance abuse treatment centers in seven states and the territory of Puerto Rico. The sample consisted of 1,894 individuals, including 480 families of adolescents with drug use and behavior problems. This trial which ended in 2008 yielded a number of findings.

[MORE](#)

## Complimentary Consultation

Brief Strategic Family Therapy® Institute has provided BSFT™ training, supervision, consultation and licensure to community agencies in over 40 states and other countries ranging from Australia to Sweden. Our research program began in 1972. If you are a decision-making legislator, judicial officer, clinical director or

[Our Website  
Training & Services  
Evidence for BSFT](#)

[Join Our Mailing List!](#)



The BSFT™ Leadership Team

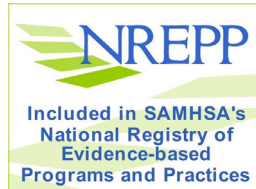
Brief Strategic Family Therapy®  
Institute  
University of Miami  
1425 NW 10<sup>th</sup> Avenue  
Miami, FL 33136  
Phone (305) 243-7585  
Fax (305) 243-2320  
[BSFT@med.miami.edu](mailto:BSFT@med.miami.edu)

foundation executive, consider the cost effectiveness of BSFT's well-designed and tested family program.

Contact us at 305-243-7585 or [BSFT@med.miami.edu](mailto:BSFT@med.miami.edu) to receive your complimentary consultation in which we can discuss your specific objectives and BSFT™ can provide a no-obligation, no-charge, customized proposal that meets your specific criteria.

We can also provide you a range of possible funding opportunities at the Federal, State and County levels as well as private foundations.

Click on NREPP logo to see BSFT™ review.



Copyright © 2010 University of Miami, All Rights Reserved | The University of Miami owns the trademarks for Brief Strategic Family Therapy® and BSFT™

#### [Forward email](#)

✉ [SafeUnsubscribe®](#)

This email was sent to [adennis@med.miami.edu](mailto:adennis@med.miami.edu) by [kmoak@med.miami.edu](mailto:kmoak@med.miami.edu).  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



BSFT | 1425 NW 10th Avenue | Center for Family Studies | University of Miami | Miami | FL | 33136